



## TO START

FRANTOIO & TAGGIASCA ITALIAN OLIVES 6

HOUMOUS 9.95  
with toasted olive bread & olives (V) (VG) (GF)

HALLOUMI FRIES 8.95  
with sweet chilli (GF)

CONWY MUSSELS 11.50  
cooked in white wine, garlic & fresh cream  
served with toasted olives bread (GF)

KING PRAWNS 10.95  
cooked in chilli & garlic butter, lemon juice,  
served with olives bread (GF)

PEPPER & CRUMB COATED 10.95  
CHICKEN STRIPS  
served with sour cream

SALT & PEPPER COATED SQUID 9.95  
with fresh lemon & sweet chilli

LIGHTLY COATED SPRATS (WHITEBAIT) 9.95  
served with tartare sauce & lemon wedge

GRILLED CAPRICORN GOAT CHEESE 10.95  
served on a bed of beetroot, pine Nuts & a balsamic glaze (GF)

LARGE PLATE OF NACHOS 17.95  
topped with sour cream, guacamole, salsa, jalapeno &  
melted cheese

## THE MIDDLE

ask your server for Today's Specials

HOMEMADE BEEF BURGER 18.95  
topped with smoked bacon & grilled cheddar cheese (GF)

MELTED BLUE CHEESE BURGER 19.95  
topped with smoked bacon on a beef patty (GF)

CHICKEN BREAST BURGER 19.00  
with cajun seasoning, smoked bacon & grilled cheddar cheese (GF)

QUINOA & BEETROOT BURGER 18.00  
topped with houmous & onion chutney (V) (VG)

GRILLED HALLOUMI BURGER 17.95  
topped with guacamole, mushroom & onion chutney (V) (GF)

( All Burgers served on a Toasted Brioche Bun, Salad Garnish,  
Chunky Chips & Burger Relish )

GRILLED GOAT CHEESE SALAD 18.50  
served with sweet beetroot, pine nut, and balsamic dressing (GF)

CLASSIC CAESAR SALAD 19.50  
GRILLED CHICKEN  
romaine lettuce, caesar dressing, anchovies, crunchy croutons,  
parmigiano cheese (GF)

SEABREAM 24  
whole fish cooked with garlic, lemon butter,  
baby potato & Creamed Spinach (GF)

BEER BATTERED FISH & CHIPS 19.50  
served with mushy peas, tartare sauce & fresh lemon wedge

CONWY MUSSELS 19.95  
cooked in white wine, garlic, fresh cream, fries & warm  
olives bread (GF)

SEAFOOD LINGUINE 24  
prawns, squid & conwy mussels in a tomato & basil sauce

10<sup>OZ</sup> IRISH SIRLOIN OF BEEF STEAK 31  
served with mushroom, cherry tomato, chunky  
chips & peppercorn sauce (GF)

BUTTERNUT MALABAR CURRY 17.95  
with rice, pappadom & mango chutney (V) (VG) (GF)

HADDOCK & PRAWN CURRY 19.95  
lightly spiced malabar curry, rice, pappadom &  
mango chutney (GF)

ALL OUR BEEF COMES FROM OUR FAMILY FARM IN KILMALLOCK CO, LIMERICK. "ALL GRASS FED AND ORGANIC".

## SIDE NOTES each 6

CHUNKY CHIPS

FRIES

MASHED POTATOES

MIXED SALAD

BABY POTATOES

BREAD & BUTTER

### Do you have any allergies?

Please Inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross- contamination. There is significant risk of cross-contamination in our deep fat fryers. Fish and poultry dishes may contain bones.

(V) Suitable for Vegetarians, (VG) Suitable for Vegan, and (GF) Suitable for Gluten Free Dietarians. Also if you're GF ask for GF bun for the Burger . Please note that we do not operate a dedicated vegetarian/vegan/gluten free kitchen. "May contains alcohol".