TO START

FRANTOIO & TAGGIASCA ITALIAN OLIVES 6

HOUMOUS 9.95
with toasted olive bread & olives (V) (VG) (GF)

HALLOUMI FRIES 8.95
with sweet chilli (GF)

CONWY MUSSLES 11.50
cooked in white wine, garlic & fresh cream served with toasted olives bread (GF)

KING PRAWNS 10.95
cooked in chilli & garlic butter, lemon juice, served with olives bread (GF)

LIGHTLY COATED SPRATS (WHITEBAIT) 9.95
served with tartare sauce & lemon wedge

SEASONAL SOUP OF THE DAY 6.95
with toasted olive bread.

PEPPER & CRUMB COATED CHICKEN STRIPS 10.95
served with sour cream

SALT & PEPPER COATED SQUID 9.95
with fresh lemon & sweet chilli

GRILLED CAPRICORN GOAT CHEESE 10.95
served on a bed of beetroot, pine Nuts & a balsamic glaze (GF)

LARGE PLATE OF NACHOS 17.95
topped with sour cream, guacamole, salsa, jalapeno & melted cheese

SEAFOOD SHARE PATTER 21.95
includes squid, whitebait, and fish cake.

THE MIDDLE
ask your server for Today's Specials

HOMEMADE BEEF BURGER 18.95
topped with smoked bacon & grilled chedder cheese (GF)

MELTED BLUE CHEESE BURGER 19.95
topped with smoked bacon on a beef patty (GF)

CHICKEN BREAST BURGER 19.00
with cajun seasoning, smoked bacon & grilled chedder cheese (GF)

QUINOA & BEETROOT BURGER 18.00
topped with houmous & onion chutney (V) (VG)

GRILLED HALLOUMI BURGER 17.95
topped with guacamole, mushroom & onion chutney (V) (GF)

(All Burgers served on a Toasted Brioche Bun, Salad Garnish, Chunky Chips & Burger Relish)

HOMEMADE STEAK & ALE PIE 22.95
served with mash potato, buttered vegetables & gravy.

CHICKEN SCHNITZEL 21.95
with chunky chips, vegetables, garlic butter & gravy.

SEABREAM 24
whole fish cooked with garlic, lemon butter, baby potato & seasonal vegetables (GF)

BEER BATTERED FISH & CHIPS 19.50
served with mushy peas, tartare sauce & fresh lemon wedge

CONWY MUSSLES 19.95
cooked in white wine, garlic, fresh cream, fries & warm olives bread (GF)

SEAFOOD LINGUINE 24
prawns, squid & conwy mussels in a tomato & basil sauce

10^{OZ} IRISH SIRLOIN OF BEEF STEAK 31
served with mushroom, cherry tomato, chunky chips & peppercorn sauce (GF)

BUTTERNUT MALABAR CURRY 17.95
with rice, pappadom & mango chutney (V) (VG) (GF)

HADDOCK & PRAWN CURRY 19.95
lightly spiced malabar curry, rice, pappadom & mango chutney (GF)

ALL OUR BEEF COMES FROM OUR FAMILY FARM IN KILMALLOCK CO, LIMERICK. "ALL GRASS FED AND ORGANIC".

SIDE NOTES each 6

CHUNKY CHIPS
FRIES
MASHED POTATOES
BREAD & BUTTER
BABY POTATOES
MIXED SALAD / VEGETABLES

Do you have any allergies?

Please Inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients Full allergen information is avallable for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. While all reasonable steps will be taken to avoid the unintentional presence of allergens, **we cannot guarantee that any products are 100% free from allergens,** owing to possible cross- contamination. There is significant risk of cross-contamination in our deep fat fryers. Fish and poultry dishes may contain bones.

(V) Suitable for Vegetarians, (VG) Suitable for Vegan, and (GF) Suitable for Gluten Free Dietarians. Also if you're GF ask for GF bun for the Burger . Pease note that we do not operate a dedicated vegetarian/vegan/gluten free kitchen. "May contains alcohol".